NATIONAL POETRY MONTH

FOR YOU

little infinite

Poetry for Life™

In this workbook, you will find many tools for taking NaPoWriMo and National Poetry Month to the next level. You'll get free resources, prompts, tools, advice from poets, and more. Whatever your relationship is like with writing, we've got the guide for you.

Employ these tools in whatever way works best for you. See something you like? This whole guide is clickable; click and we will take you there. Screenshot and set pages you love as the wallpaper on your phone, encourage your bestie to read a poetry book themselves, and update your workbook as your relationship with poetry evolves.

This workbook belongs to you, and only you. Write vulnerably, write freely, and most importantly be *infinitely you.*

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WHAT'S HAPPENING ON SOCIAL!

Get Featured!

Use our 365 Day Journal Prompt hashtag, #poetryeverydamnday, on Instagram for a chance to be featured on little infinite's Instagram! We're featuring three poets per week during National Poetry Month.

Enter Our Poetry Contest!

Submit your poem for a chance to win a $250 Visa gift card, be featured on littleinfinite.com, and little infinite's social channels! More details on the contest page, here.

Giveaway!

Check out our poetry collection giveaway on our facebook!

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HAPPY NATIONAL POETRY MONTH!

Hello, April.

What is it?

National Poetry Month is celebrated every April since 1996! This month is organized by the Academy of American Poets as a way to increase awareness and appreciation of poetry in the U.S.A.

via poets.org

"If I feel physically as if the top of my head were taken off, I know that is poetry."

Emily Dickinson 💬

My favorite poetry quote:

POETRY PROMPTS

Going to hit that 30 in 30 goal?
Looking for motivation to write everyday?
We've got the tool...

365 DAYS OF POETRY PROMPTS

Our 365 Day Prompt Journal is a great resource to stick to your NaPoWriMo goals!

It Has:

Unique themes
Poetry and Journaling prompts
Fresh Inspo
Writer's block relief!

&

Use our 365 Day Journal Prompt hashtag, #poetryeverydamnday, on Instagram for a chance to be featured on our Instagram in April! We're featured three poets per week! @littleinfinitepoetry

WHERE TO START

↳ **Read Poetry**

You can't start writing if you don't start reading.

Reading poetry will teach you:
How others use imagery, metaphor, and meter

How to paint an image for the reader

How to use different poetic forms, like haikus and sonnets

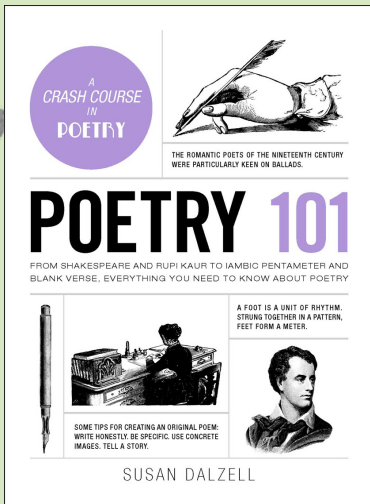How to embrace word economy

Poetry for
your
zodiac
sign

*click

Reading poetry will INSPIRE you to write your own.

★ Kick writer's block with a great poem

★ Discover which types of poetry are your favorite

★ Experiment with different genres of poetry

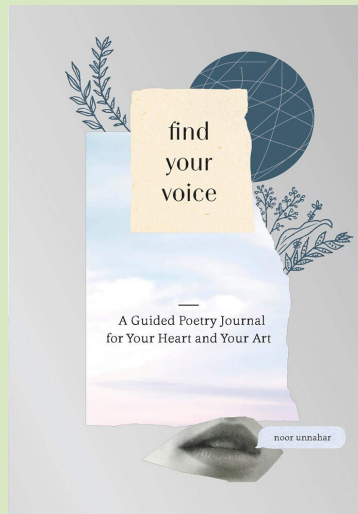# CRASH COURSE MATERIAL

Poetry 101
by Susan Dalzell- $9
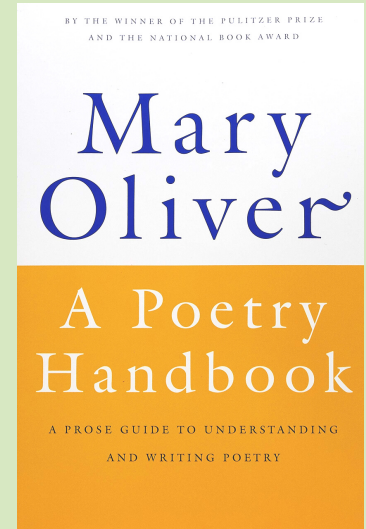
Find Your Voice
A Guided Poetry Journal for Your Heart and Your Art
by Noor Unnahar - $12

A Poetry Handbook
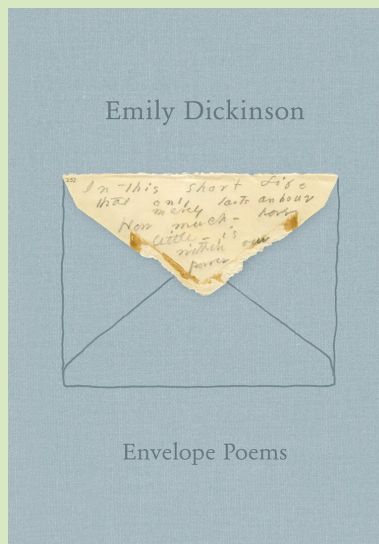by Mary Oliver $8

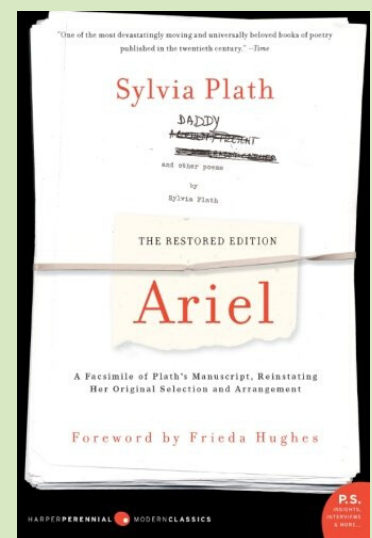## Life of the Party
by Olivia Gatwood - $12

Emily Dickinson's Envelope Poems
by Emily Dickinson - $9

Ariel: The Restored Edition
by Sylvia Plath - $15

CRASH COURSE

Learn about Writing Poetry

Take advantage of the millions of books out there that discuss how to write poetry. Many are written by successful poets who once found themselves in the same position you are currently in.

"Learn the rules like a pro, so you can break them like an artist."

Pablo Picasso

What are some basics to know?

Forms

Meter

Sound Patterns

Stanza

Iambic Pentameter

Syntax

Imagery

Cliches

Metapor

Figurative Language

NaPoWriMo

Similie

Learn a bit about each and add it to your poetic toolbox to use at your discretion.

INSPIRATION BOARD

What's inspiring you this month?

"I consider myself a poet first and a musician second. I live like a poet and I'll die like a poet."

Bob Dylan

FAVORITE POETS

Who will you turn to?

Favorite Poet: Instagram: Book:

Favorite Poem:

Favorite Poet: Instagram: Book:

Favorite Poem:

Favorite Poet: Instagram: Book:

Favorite Poem:

Favorite Poet: Instagram: Book:

Favorite Poem:

Favorite Poet: Instagram: Book:

Favorite Poem:

TIME TO START

Write some really bad poems

Yes, you read that right. The best poems come only after you've written a lot of bad ones. And you'll continue to write bad ones and thats part of the process. Embrace and learn from your trials and errors through finding your rhythm, creative process, writing inspiration, favorite tools, etc.

Write bad poem no one will see:

EXPERIMENT

Find Your Voice

There are countless different types of poems and poets in the world.
How do you figure out what kind of poet you are?

Experimentation

Try writing in different forms to see what feels right.

Form	Tried it	Liked it	The worst

Don't force a poem into a form. Lets the poem speak for itself. Not all poems need form. Also, there's enough love for all poetry types if you fall in love with multiple. *speaking from experience*

If none of them feel right - then you do you. Write your own way. Poetry has evolved so much into what modern day poetry is today. 😉

Pro Tip: See how to create stunning instagram posts here!

EDITOR'S FAVORITES

POETRY PROMPTS

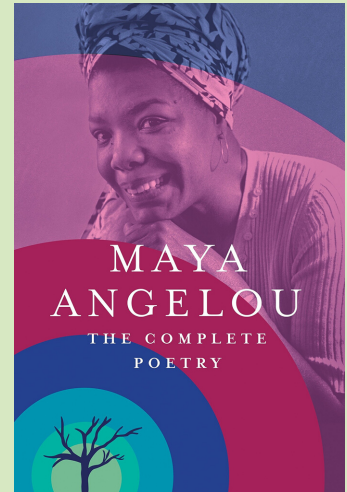365 Days of Poetry Prompts – FREE!

Don't Read Poetry: A Book about How to Read Poems – $27
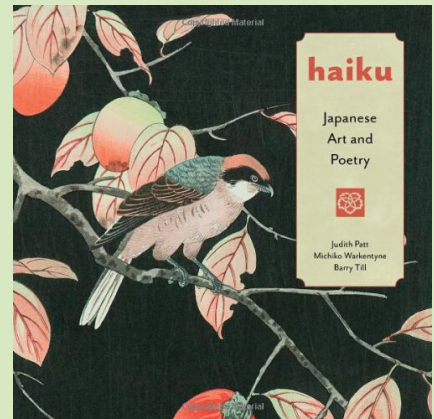
THE COMPLETE POETRY

Maya Angelou $27

BLACKOUT POETRY

Make Blackout Poetry
by John Carroll – $16

HAIKU: JAPANESE ART AND POETRY

by Barry Till, Judith Patt, Michiko Warkentyne – $22

TOP THREE FREE TECH APPS

to keep you organized and relaxed while creating everyday during NaPoWriMo.
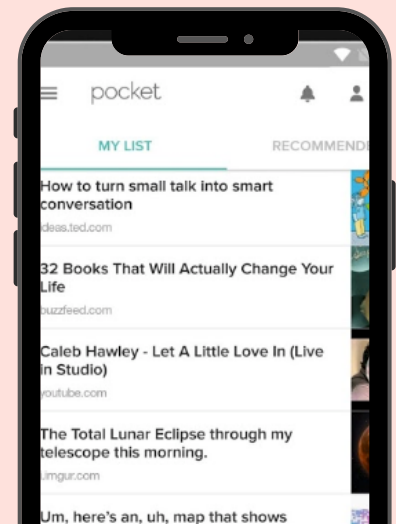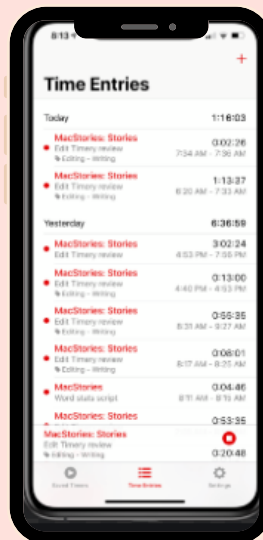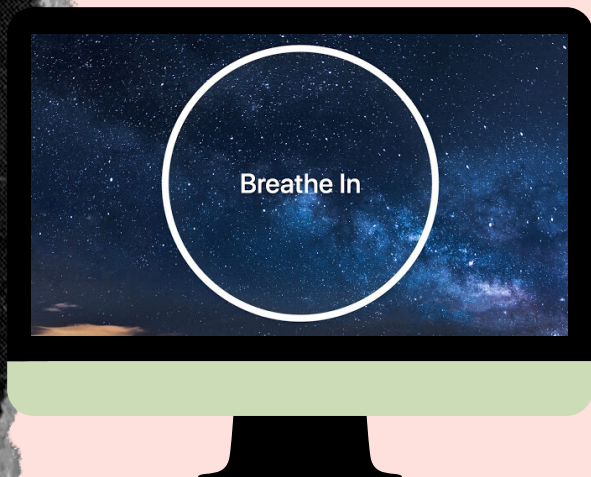
Prana

Prana is a google chrome extension where every time you open a new tab in your browser, a breathe circle is automatically opened as default within the browser. This breathe cicle gets larger and smaller and is intended to guide your inhales and exhales. Our friendly reminder to breathe. No matter how hard you are working throughout the day, it is important to take breaks for yourself.

Toggl

Do you know how much time you spend writing vs scrolling through social media? Toggl is perfect for keeping track of how long you spend doing different tasks. Now you can see where you spend your time, and adjust to be more productive and creative.

Pocket

Writers find inspiration everywhere, even in random places around the internet. Pocket is the perfect app for when you find something you want to save. When you come across something interesting, just file it away in Pocket. Then you don't have to worry about scouring the internet for it later.

MORE RESOURCES

How Can You Make Money From Your Poetry?

Seven Poetry Collections to Read if You Don't Read Poetry

Poetry Ebooks to Read While Self-Isolating

Self-Discovery Journal & Poetry Prompt Workbook

365 Free Poetry Prompts

"Poetry is ordinary language raised to the Nth power. Poetry is boned with ideas, nerved and blooded with emotions, all held together by the delicate, tough skin of words."

Paul Engle

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JOIN OUR PARTY ON SOCIAL!

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f **@littleinfinite**

🐦 **@littleinfinite**

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